



**ACCORD**  
CATHOLIC MARRIAGE CARE SERVICE CLG



## **TRAUMA-MANAGEMENT & SELF-CARE SUPPORT FOR THOSE HOSTING AND SUPPORTING UKRAINIAN**

### **REFUGEES: AN ACCORD WEBINAR**

This webinar is designed to address the current challenges facing host families, and those supporting them, who are working to provide the best possible environment for their Ukrainian visitors while attending to the wellbeing of their own family relationships.

Offering to host or support a refugee family or individual is one of the most generous and practical things we can do to provide those fleeing Ukraine with an opportunity to find employment, education and to begin to rebuild their lives.

The refugees have been traumatised by what they witnessed in their home region, by their experiences on the difficult journey to Ireland, and by the unimaginable anxiety and stress of leaving family members behind in an ever-worsening situation.

Accord specialises in supporting couples and individuals to work through challenges in their relationships; to strengthen connections and to negotiate complex communication challenges, while taking account of the impact of trauma in its various forms.

**Tuesday March 28th 2023**

the Webinar session will open at 7:15pm

This should allow time for any technical issues to be resolved

**The Webinar begins at 7.30pm and ends at 9:00pm**

**Facilitated by Dr Mary Goss**

**To register please use the following link:**

<https://us06web.zoom.us/meeting/register/tZMpcentqj8jGdEOAJeKDPGML5cRLPUnMsFp>

Booking deadline: **Monday 27th March 2023**